

MONTHLY PLANNING WORKBOOK

This mini workbook is a powerful tool that I suggest using every month through the Mastermind.

It includes questions that are designed to be used at the start of the month to plan out your intentions, areas of focus and action steps, as well as questions designed to be used at the end of the month to review your progress and celebrate your successes.

I have been using templates like these for years in my business and personal life, and they have really helped me stay on track with my goals and dreams.

Once you have completed the workbook at the beginning of the month, I would love for you to then come into our Facebook Community and share a short Intention Video for the month ahead.

You can briefly share what you wrote in this workbook, or simply share what you are committed to focusing on, working on and achieving this month so that we can all support you with your dreams.

I have already seen how the videos you each shared have created a beautiful sense of connection, support and community in our group, and I would love this to continue as a monthly practise.

Enjoy using this template, and I hope it deeply supports you.

Connie x

1. START OF MONTH PLANNING

| MONTH: |
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| HOW DO I WANT TO FEEL AS I MOVE THROUGH THIS MONTH? |
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| MY KEY AREAS OF FOCUS FOR THIS MONTH: |
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1. START OF MONTH PLANNING

| THE STEPS I AM GOING TO TAKE THIS MONTH: |
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| 1-3 GOALS I WANT TO ACHIEVE THIS MONTH: |
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2. END OF MONTH REVIEW

| MY KEY THIS MON | | ACHIEVEMENTS | AND | MANIFESTATIONS | FROM |
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| I AM MOS | ST PROUD OF | MYSELF FOR: | | | |
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2. END OF MONTH REVIEW

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| WHAT DIDN'T MANIFEST, OR WHAT DIDN'T I ACT ON? WHY? | | | | | | | | | | |
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| WHAT DID I LEARN FROM T DIFFERENTLY NEXT MONTH? | ΓHIS, AN | ID HOW | CAN I | DO | THINGS | | | | | |
| DITTERENTEL NEXT MONTH. | | | | | | | | | | |
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ADDITIONAL REFLECTIONS FROM THIS MONTH:

