

divine femme



## Integration Week

Reflect and integrate

# welcome



*Welcome to your final week of Divine Femme! This final workbook will help you reflect over the previous module of Divine Femme, while also supporting you to reflect over your entire journey and all you have learned.*

This workbook includes reflective questions to help you clarify what you have gained and learned so far and acknowledge yourself for the shifts you have already created.

In this final week you may like to focus on catching up on any remaining course materials, or you may just like to allow yourself time to integrate, process and complete the journey.

I hope you enjoy your final week of Divine Femme.

*Connie x*

# QUESTIONS

*What has been your biggest insight, realisation or AHA from these last 3 classes?*

*What has been the most impactful practice that you have taken on and applied?*

# QUESTIONS

*In what ways have you come into deeper connection with your intuition & body wisdom?*

*In what ways have you come deeper into your feminine power?*

*In what ways have you connected with your desires and your feminine magnetism?*

# QUESTIONS

*What are you most proud of yourself for from this Divine Femme journey?*

*What have been your biggest takeaways from this experience?*

*What are the main inner shifts or changes you have felt within yourself?*

# QUESTIONS

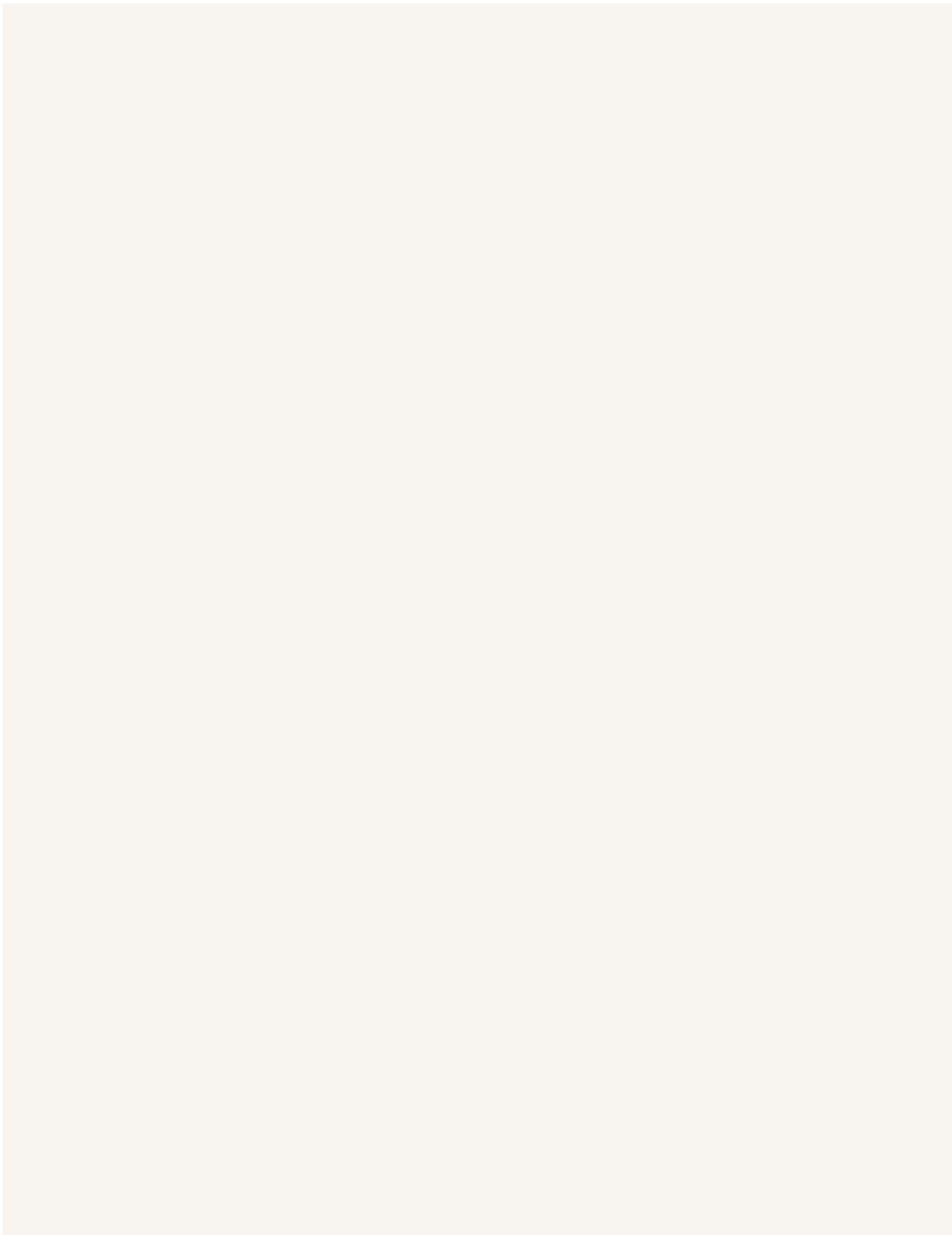
*How has Divine Femme changed how you show up in your life?*

*What areas still need more focus, healing and inner work?*

*What will you continue to implement and practice from this program moving forward?*

# NOTES

*Additional thoughts, feelings and reflections:*



You've completed your  
workbook!

Come on over to our  
Facebook community and  
share your reflections and  
insights from this week's  
workbook with the group.